



HELIX LOUNGES PLATINUM

Helix Platinum represents the highest standard of integrated longevity and medical optimization.

This catalogue outlines the complete equipment framework required to deliver structured diagnostics, precision therapies, and measurable biological outcomes within a flagship Helix Lounge.

Every system listed forms part of a unified, physician guided platform designed for performance, regeneration, and long term vitality.

Presented by:
HELIX WELLNESS

INTRODUCTION TO PLATINUM LOUNGES

SIGNATURE DIAGNOSTICS & INTELLIGENCE LAYER

Core Blueprint Creation:

- Comprehensive health intake & baseline review.
- Advanced vital health assessment (BP, SpO₂, HR, readiness screening).
- Clinical body composition analysis (multi-frequency, phase angle, visceral fat, ICW/ECW, segmental).
- Posture & movement screening.
- Facial intelligence scan (multi-spectrum + 3D).

Advanced Biomarker & Lab Suite:

- WellWoman / WellMan panels.
- Advanced longevity biomarker suite (hs-CRP, Apo B / Lipids & Thyroid panel, fasting insulin + HOMA-IR, Omega-3 index, Cortisol rhythm testing).
- Heavy metal testing.
- GlycanAge / biological age testing.
- NAD⁺ status testing.
- DNA / genetic wellness profiling.
- Optional point-of-care vitals (CRP, glucose, urinalysis - jurisdiction dependent).



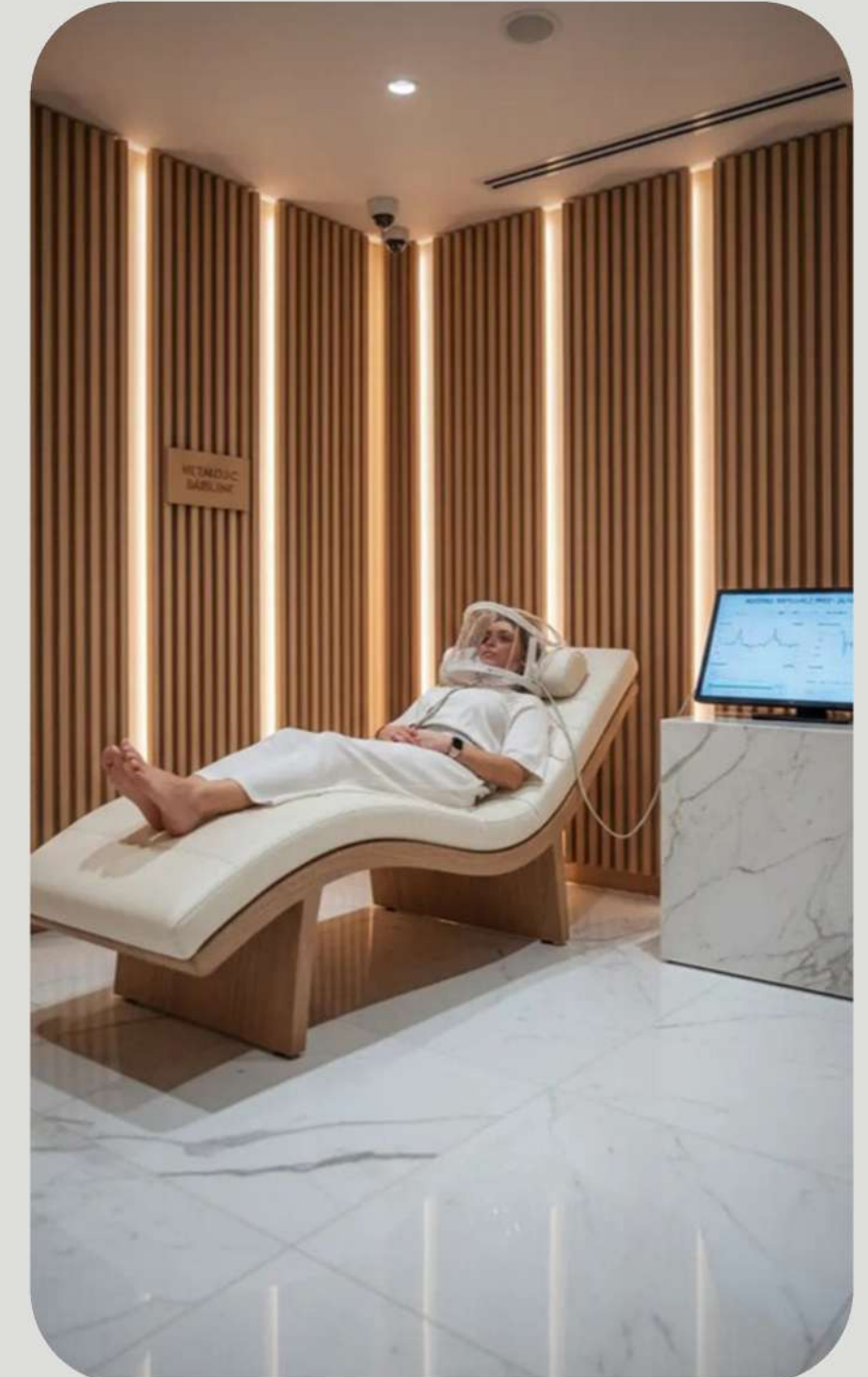
PLATINUM LOUNGES

Brain, Stress & Neuro Optimization

- QEEG Brain Mapping (19–24 channel).
- Neuro-regulation therapy.
- HRV autonomic profiling.
- Cognitive performance programs.
- Advanced sleep optimization & autonomic monitoring.
- Stress recalibration programs.
- Neuro-PEMF protocols.
- Home sleep EEG option (if offered).

Metabolic & Performance Optimization

- PNOE metabolic testing (VO_2 , RER, fuel efficiency).
- VO_2 max testing.
- CGM-guided metabolic programs.
- Glucose & insulin optimization.
- Structured weight loss programs.
- Athletic optimization & muscle recovery stimulation.
- Continuous wearable integration.
- 90-day retesting cycles.



PLATINUM LOUNGES

Recovery & Inflammation Modulation

- Whole-body & localised cryotherapy.
- Hyperbaric Oxygen Therapy (≥ 2.0 ATA)
- Red & Near-Infrared light therapy (630–660nm / 810–850nm) & Infrared sauna.
- Advanced PEMF (full-body + neuro).
- Compression therapy.
- Hydrogen massage therapy.
- Contrast therapy protocols.
- Nervous system reset & breath-work neuro-regulation sessions.

IV, Cellular & Longevity Medicine

- IV nutrient & NAD⁺ infusion therapy.
- Advanced antioxidant IV programs.
- Cellular energy & biological age optimization programs.
- Heavy metal detox support.
- Hormonal optimization protocols.
- TRT / HRT capability (where permitted).
- Cortisol rhythm optimization.
- Vascular & circulatory enhancement.
- Sexual vitality protocols (male & female).
- Pelvic health support

Sexual & Hormonal Optimization Division

- Male optimization protocols
- Erectile dysfunction therapy positioning
- Female menopause/perimenopause structured programs
- Andrology/gynecology referral framework



PLATINUM LOUNGES

Cardiovascular & Vascular Longevity

- Resting & Stress ECG
- Pulse wave velocity
- Vascular age assessment
- Endothelial function testing

Platinum Aesthetics, Face

- AI multi-spectrum facial imaging
- High-resolution 3D skin mapping
- Medical-grade RF tightening (face & neck)
- RF micro-needling; micro-current lifting
- Oxygen infusion facial
- LED phototherapy facial
- Collagen induction therapy
- Advanced hydration & barrier repair
- PRP facial (where permitted)
- Exosome-enhanced protocols (where permitted)



PLATINUM LOUNGES

Platinum Aesthetics: Body

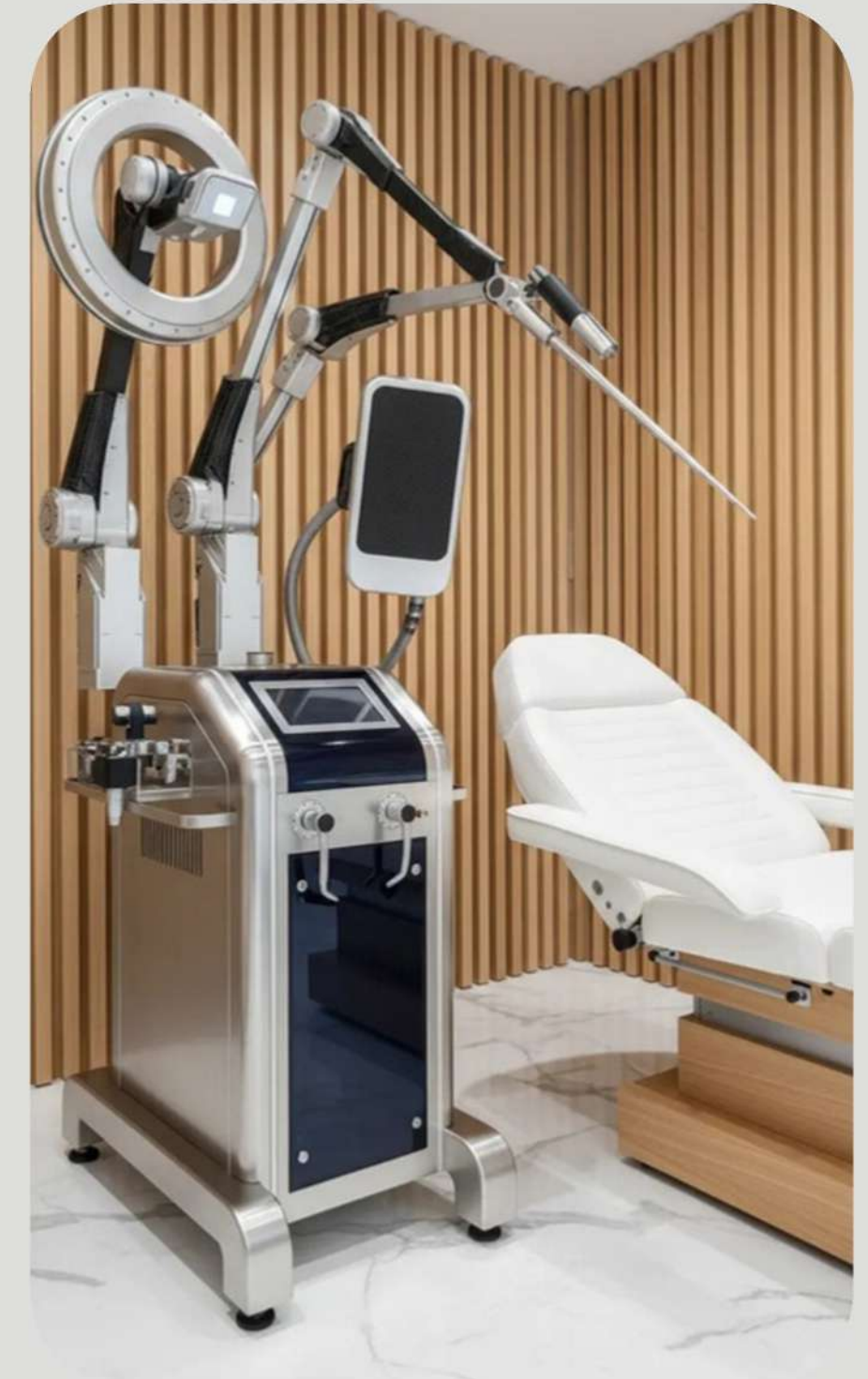
- Cryolipolysis (body sculpting)
- RF body tightening
- EMS / HIFEM muscle toning
- Targeted fat reduction programs
- Lymphatic activation therapy
- Post-weight loss skin tightening
- Body contour refinement programs
- Integrated transformation programs

Physical Therapy & Performance

- Assisted stretch & corrective physical therapy
- Mobility correction
- Dry needling (where permitted)
- Performance reconditioning programs

Membership & Long-Term Optimization

- Physician consultation (tele + in-person optional)
- Nutrition consultation
- Wearable dashboard integration
- Structured progress reviews
- 90-day recalibration cycles
- Platinum signature programs (90-day / 6-month / executive)



PLATINUM LOUNGE EQUIPMENT

CLINICAL DIAGNOSTIC ZONES

Equipment Category	Complete Equipment Specification
Advanced Body Composition System (Platinum Grade)	Multi-frequency bioelectrical impedance analyzer with segmental analysis, phase angle measurement, visceral fat rating, intracellular/extracellular water differentiation, muscle mass distribution, metabolic rate calculation.
Clinical Vital Assessment Station	Medical-grade BP, pulse oximeter (SpO ₂), heart rate, temperature scanner, digital scale.
12-Lead ECG System	Resting ECG machine with digital recording and data export capability.
QEEG Brain Mapping System	19–24 channel EEG amplifier, neuro-cap system, conductive gel kit, QEEG analysis software, brain mapping reporting system
PNOE Metabolic Cart	VO ₂ & VCO ₂ measurement, RER analysis, metabolic rate assessment, oxygen consumption analytics.
CGM Integration Platform	Continuous glucose monitoring integration dashboard and analytics system.
Advanced Longevity Analytics Software	Secure EMR integration, biomarker tracking system, longitudinal analytics dashboard.



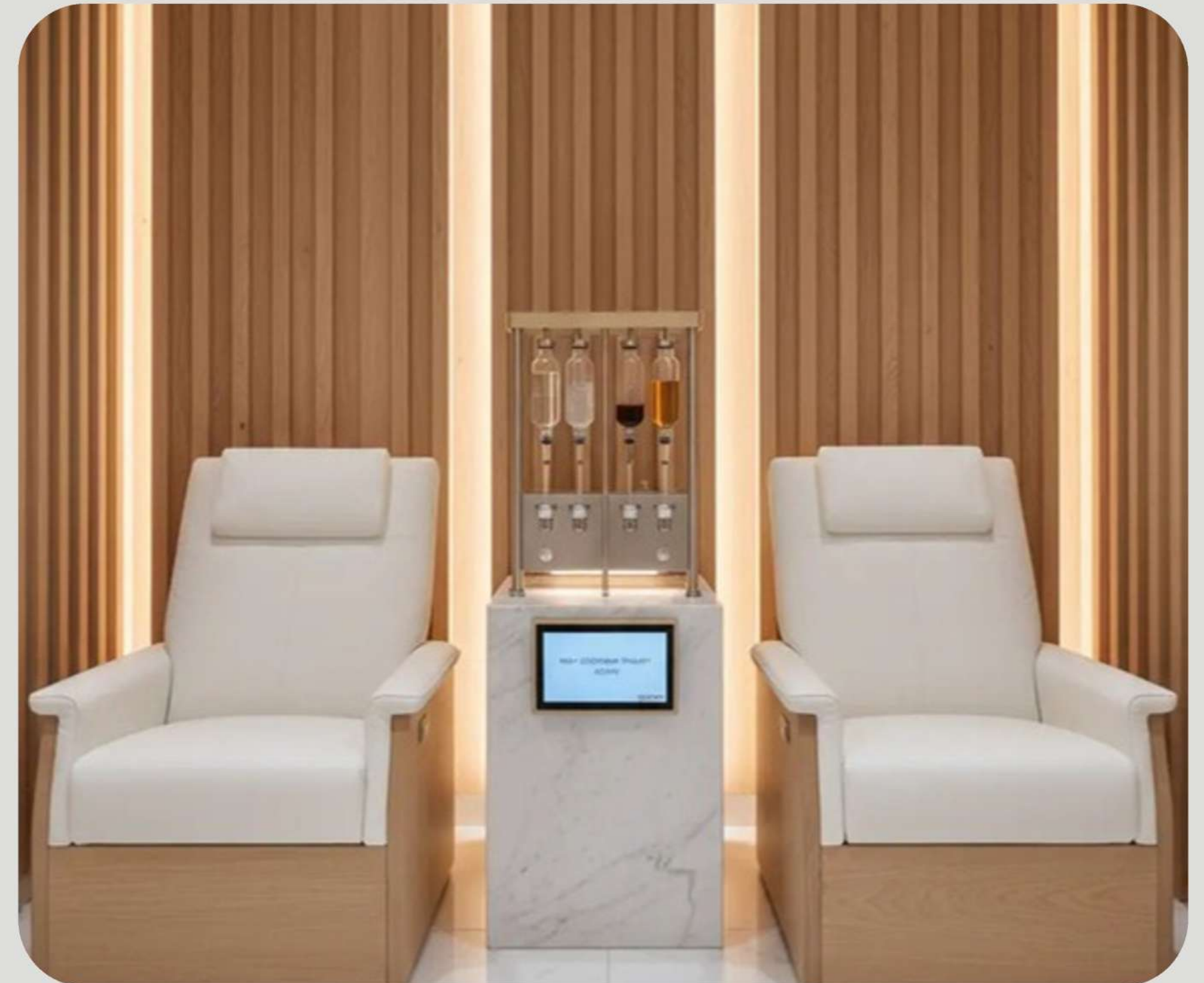
HBOT SUITE

Equipment Category	Complete Equipment Specification
Hard-Shell HBOT Chamber	Clinical-grade chamber, minimum 2.0 ATA pressure capability, oxygen flow regulation system.
Medical Oxygen Delivery System	Certified oxygen concentrator with regulated pressure system.
Patient Monitoring System	Continuous heart rate, SpO ₂ , and BP monitoring capability.
Emergency Response Equipment	AED, crash cart, emergency oxygen backup.
Pre/Post Assessment Station	Monitoring console and documentation system.
Hyperbaric Room Compliance Systems	Fire suppression system, pressure safety system, medical ventilation compliance.

IV & NAD⁺ THERAPY SUITE

Equipment Category	Complete Equipment Specification
Medical Infusion Chairs	Adjustable clinical recliners with IV arm support
Programmable Infusion Pumps	Precision-controlled infusion pump systems for NAD ⁺ and nutrient delivery
Temperature-Controlled Medication Storage	Medical-grade refrigerator with monitoring system
Emergency Monitoring Equipment	BP monitor, pulse oximeter, emergency medication kit
Sterile IV Preparation Area	Medical-grade preparation counter, sterilization units

PLATINUM LOUNGE EQUIPMENT





NEURO & RECOVERY ZONE

Equipment Category	Complete Equipment Specification
Neuro-PEMF Pods	Full-body PEMF system with adjustable intensity and frequency settings
Clinical PEMF Systems	Targeted electromagnetic therapy devices
Whole-Body Cryotherapy Chamber	Electric cryo system with temperature control and safety monitoring
Localized Cryotherapy Unit	Spot cryotherapy device
Red & Near-Infrared Panels	630–660nm red light + 810–850nm near-infrared panels with adjustable energy density
Infrared Sauna	Full-spectrum infrared sauna cabin
Compression Therapy Systems	Sequential pneumatic compression devices
Hydro Massage System	Automated hydro massage bed

CARDIOVASCULAR & VASCULAR TESTING

Equipment Category	Complete Equipment Specification
Pulse Wave Velocity System	Arterial stiffness measurement device
Endothelial Function Testing System	Vascular reactivity assessment device
Vascular Age Assessment Device	Age comparison analytics platform

PLATINUM LOUNGE EQUIPMENT



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PLATINUM AESTHETICS: FACE



Equipment Category	Complete Equipment Specification
Multi-Spectrum Facial Imaging System	Visible, polarized, and UV imaging capability
High-Resolution 3D Facial Scanner	Structured light 3D imaging system with skin analytics
Medical-Grade RF Tightening Device	Radiofrequency system for collagen stimulation
RF Micro-needling Device	Adjustable depth, controlled RF energy delivery
Microcurrent Facial System	Low-voltage muscle stimulation device
Oxygen Infusion Facial System	Pressurized oxygen serum delivery system
LED Phototherapy System	Multi-wavelength LED (red, blue, NIR)
PRP Preparation System	Clinical centrifuge system (where permitted)
Exosome Protocol Infrastructure	Sterile application system (where permitted)
Medical Aesthetic Treatment Beds	Adjustable procedure beds
Sterilization Systems	Autoclave, UV sterilizer, instrument trays



PLATINUM AESTHETICS: BODY

PLATINUM LOUNGE EQUIPMENT

Equipment Category	Complete Equipment Specification
Cryolipolysis System	Multi-applicator fat freezing device
RF Body Tightening System	Radiofrequency device for body contouring
EMS / HIFEM Muscle Stimulation Device	Electromagnetic muscle toning device
Lymphatic Activation System	Mechanical lymphatic drainage system
Body Contour Mapping Software	Digital tracking & measurement analytics



PLATINUM LOUNGE EQUIPMENT



HORMONE & BIOMARKER INFRASTRUCTURE

Equipment Category	Complete Equipment Specification
Lab Integration System	Digital lab tracking interface
Biomarker Analytics Dashboard	Longitudinal tracking system
Saliva / Hormone Testing Kits	Cortisol rhythm testing kits
Secure Specimen Storage	Refrigerated storage system

RETAIL & DIGITAL INTEGRATION

Equipment Category	Complete Equipment Specification
Supplement Retail Display System	Premium retail shelving & storage
Inventory Management Software	Stock tracking & subscription management
Wearable Integration Dashboard	Centralized wearable data monitoring system
Subscription Management Platform	Client engagement & refill tracking system

PLATINUM LOUNGE SUMMARY

Treatments and Procedures

CLINICAL DIAGNOSTICS & INTELLIGENCE

- Full Helix DNA Profiling
- WellMan / WellWoman Comprehensive Panels
- Advanced Hormonal & Endocrine Mapping
- Inflammatory & Metabolic Markers
- Heavy Metals & Toxicity Testing
- NAD Status & Cellular Energy Testing
- GlycanAge / Biological Age
- Clinical-Grade Body Composition
- Multi-Spectrum Facial Analysis
- Cardiovascular & Vascular Testing (ECG, PWV, Endothelial Function)
- Structured Clinical Retesting Cycles
- Integrated Health Data Dashboard

BRAIN, METABOLIC & NEURO OPTIMIZATION

- QEEG (19–24 Channel) Brain Mapping
- Neuro-Regulation Programs
- HRV & Autonomic Monitoring
- PNOE Metabolic Testing (VO₂, RER, Fuel Efficiency)
- Sleep Optimization Programs
- Continuous Wearable Integration
- Structured 90-Day Metabolic Recalibration
- Executive Neuro-Optimization Programs

MEDICAL LONGEVITY & REGENERATIVE MEDICINE

- IV Nutrient Therapy
- NAD⁺ Infusion Programs
- Antioxidant & Cellular IV Protocols
- Hormone Optimization (where permitted)
- TRT / HRT Support (jurisdiction dependent)
- Sexual Vitality Protocols
- Pelvic Health & Regenerative Support
- Physician-Guided Longevity Plans

ADVANCED RECOVERY & OXYGEN THERAPY

- Premium Whole-Body Cryotherapy
- Hard-Shell Hyperbaric Oxygen Therapy (≥2.0 ATA)
- Medical-Grade Red & Near-Infrared Therapy
- Advanced Neuro-PEMF
- Compression Therapy
- Contrast Recovery Protocols
- Structured Inflammation & Cellular Recovery Programs
- Hydro Massage
- Infrared Sauna

REGENERATIVE AESTHETICS (FACE & BODY)

- Multi-Spectrum + High-Resolution 3D Facial Imaging
- Medical-Grade Radiofrequency Skin Tightening
- RF Microneedling
- PRP Facial (where permitted)
- Exosome-Based Therapy (where permitted)
- Advanced Collagen Remodeling Programs
- Oxygen Infusion Facial
- Premium Cryolipolysis Systems
- Medical-Grade RF Body Tightening
- High-Output EMS / HIFEM Sculpt
- Post-Weight Loss Tightening Programs
- Integrated Body Recomposition Programs

PERFORMANCE, REHAB & VITALITY

- Functional Performance Assessment
- Mobility & Biomechanical Screening
- Assisted Stretch Therapy
- Dry Needling
- Performance Reconditioning Programs
- Pelvic Floor Therapy Programs
- Hormonal Vitality Optimization
- Executive Performance Optimization



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